



DEX II™ DECOMPRESSION & EXTENSION

The DEX II is a forward-rotating, user-controlled inversion machine. The body is placed in a 90/90 position which helps to flatten the lumbar curve for greater separation of lower vertebrae. Traction is applied to the hip joints and spine, with no loads to the ankles and knee joints. The DEX II is ideal for back extension exercises - it works like a roman chair, but with better ergonomic support. The unique traction handles offer a method for increased decompression.

Height capacity	4'8" - 6'6" (142 - 198 cm)
Weight capacity	300 lbs (136 kgs)
Assembled dimensions	41 x 29 x 45 (104 x 74 x 114 cm)
Packaged dimensions	39" x 30" x 8" (99 x 76 x 20 cm)
Packaged weight	66 lbs (30 kgs)
Warranty	5-Year

U.S. and foreign patents apply. Other foreign patents pending.

Sturdy Lap Support

Holds the user in a fixed 90/90 position for a variety of inverted stretches and exercises

Adjustable Leg Supports

Locking knob allows adjustment for maximum comfort and security

High Quality Finish

Durable powder-coating ensures scratch-resistance

Corner feet

Provide stability, prevent sliding and protect floors

USA and International Patents Applied



Traction Handles

A unique solution for stretching the lower back - offers increased decompression of the spine to maximize effectiveness

Washable Padded Vinyl Mat

Quality materials are durable and easy to clean

Convenient features

Lower handles provide support for user-controlled rotation; serve as useful resistance tools for stretching

Quality Construction

Sturdy square steel tube design